SCOURIE
TONGUE
STRATHY
THURSO
WICK
STORNOWAY
GREAT BERNERA
LOCHINVER
LAIRG
HELMSDALE
LYBSTER
GOLSPIE
HARRIS
ULLAPOOL
ARDGAY
TAIN
LOCHMADDY
GAIRLOCH
DINGWALL
FORT ROSE
STRATHPEFFER
ELGIN
BANFF
FRASERBURGH
KEITH
MAUD
TURRIFF
PETERHEAD
BENBECULA
EDINBANE
LOCHCARRON
INVERNESS
NAIRN
FORRES
CRAIGELLACHIE
HUNTLY
OLDMELDRUM
ELLON
PORTREE
KYLE
GLENURQUHART
TOMATIN
GRANTOWN ON SPEY
BALLINDALLOCH
INSCH
LOCHBOISDALE
BROADFORD
FORT AUGUSTUS
STRATHDON
ALFORD
INVERURIE
ABOYNE
ABERDEEN
CASTLEBAY
EIGG
TOMDOUN
KINGUSSIE
BALLATER
BANCHORY
MALLAIG
LAGGAN
STONEHAVEN
FORT WILLIAM
FORDOUN
SALEN
PITLOCHRY
KIRRIEMUIR
BRECHIN
SCARINISH
KINLOCH RANNOCH
BLAIRGOWRIE
STRONTIAN
BALLACHULISH
ABERFELDY
FORFAR
ARBROATH
TOBERMORY
DUNKELD
OBAN
CRAIGNURE
DALMALLY
KILLIN
PERTH
COUPAR-ANGUS
DUNDEE
FIONNPHORT
KILCHRENAN
CRIEFF
KILMELFORD
INVERARAY
LADYBANK
PEAT INN
TROSSACHS
KINROSS
ARROCHAR
STIRLING
ALLOA
KIRKCALDY
COLONSAY
LOCHGILPHEAD
HELENSBURGH
DUNFERMLINE
DUNOON
KILLIN
FALKIRK
NORTH BERWICK
DUMBARTON
EDINBURGH
DUNBAR
PORT ELLEN
TARBERT
ROTHESAY
GREENOCK
GLASGOW
COATBRIDGE
BATHGATE
TRANENT
AYTON
JOHNSTON
HARTHILL
DUNS
MOTHERWELL
PENICUIK
LAUDER
ARDROSSAN-SALTCOATS
EAST KILBRIDE
LANARK
BERWICK-ON-TWEED
CARRADALE
MOSCOW
PEEBLES
GALASHIELS
COLDSTREAM
BRODICK
KILMARNOCK
BIGGAR
KELSO
ST BOSWELLS
BELFORD
SELKIRK
CAMPBEL-TOWN
AYR
CUMNOCK
ABINGTON
ALNWICK
SANQUHAR
HAWICK
MAYBOLE
MOFFAT
ROTHBURY
THORNHILL
KIRKWHELPINGTON
GIRVAN
LOCKERIE
LANGHOLM
BELLINGHAM
MORPETH
NEW GALLOWAY
DUMFRIES
NEWTON STEWART
ANNAN
BRAMPTON
WYLAM
NEWCASTLE ON TYNE
NEW LUCE
CASTLE DOUGLAS
CARLISLE
HEXHAM
KIRKCUDBRIGHT
CONSETT
SUNDERLAND
STRANRAER
WIGTOWN
WIGTON
RAUGHTON
HALTWHISTLE
DURHAM
STANHOPE
HARTLEPOOLS
PENRITH
BISHOP AUCKLAND
SEDGEFIELD
WORKINGTON
POOLEY BRIDGE
MIDDLESBROUGH
KESWICK
BARNARD CASTLE
DARLINGTON
GUISBOROUGH
WHITEHAVEN
SHAP
APPLEBY
WHITBY
RICHMOND
GOSFORTH
HAWKSHEAD
KENDAL
NORTHALLERTON
PICKERING
MILLOM
SEDBERGH
LEYBURN
BEDALE
THIRSK
HEMSLEY
SCARBOROUGH
GRANGE-OVER-SANDS
RIPON
WEST HESLERTON
BARROW IN FURNESS
HORNBY
EASINGWOLD
MALTON
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GARSTANG
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SIGGLESTHORNE
MARKET WEIGHTON
BURNLEY
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SELBY
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BLACKPOOL
PRESTON
BLACKBURN
BRADFORD
NORTH CAVE
HALIFAX
PONTEFRACT
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PATRINGTON
ROCHDALE
WAKEFIELD
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KILLINGHOLM
SOUTHPORT
COPPULL
BOLTON
HUDDERSFIELD
BARNSLEY
BRIGG
GRIMBY
RAINFORD
WIGAN
DONCASTER
MANCHESTER
GLOSSOP
ROTHERHAM
SHEFFIELD
GAINSBOROUGH
MARKET RASEN
LOUTH
LIVERPOOL
WARRINGTON
NEW MILLS
HATHERSAGE
WORKSOP
ALFORD
PODSHAW
KNUTSFORD
RETFORD
MACCLESFIELD
CHESTERFIELD
SPILSBY
HOLYHEAD
BUXTON
LINCOLN
BANGOR
COLWYN BAY
RHYL
MOLD
CHESTER
NORTHWICH
CONGLETON
MANSFIELD
MATLOCK
MARTIN
SKEGNESS
NEWARK
CAERNARVON
RUTHIN
CREWE
IPSTONES
RIPLEY
BETWS-Y-COED
TARPORLEY
BOSTON
WREXHAM
HOMINGTON
CORWEN
WHITCHURCH
STOKE-ON-TRENT
ASHBOURNE
NOTTINGHAM
SLEAFORD
PORTMADOC
BALA
MARKET DRAYTON
DERBY
WALTON
GRANTHAM
PWLLHELI
OSWESTRY
DAPPLE HEATH
BURTON-ON-TRENT
SPALDING
HOLBEACH
BARMOUTH
WEM
STAFFORD
LOUGHBOROUGH
MELTON MOWBRAY
COALVILLE
BOURNE
WISBECH
KING'S LYNN
DEREHAM
NORWICH
SWAFFHAM
GREAT YARMOUTH
WELSHPOOL
SHREWSBURY
WELLINGTON
BURANTWOOD
LEICESTER
OAKHAM
STAMFORD
ABERANGEL
WOLVERHAMPTON
TAMWORTH
PETERBOROUGH
DOWNHAM MARKET
BROOKE
MACHYNLLETH
CHURCH STRETTON
HINCKLEY
ATTLEBOROUGH
NEWTOWN
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MARKET HARBOROUGH
DODDINGTON
THETFORD
LOWESTOFT
ABERTETWYTH
LLANIDLOES
CRAVEN ARMS
BIRMINGHAM
MERIDEN
CLOPTON
KETTERING
WARBOYS
ELY
DISS
BUNGAY
LUDLOW
STOURBRIDGE
COVENTRY
RUGBY
HUNTINGDON
BEWDLEY
LAPWORTH
LLANON
LLANDRINODD WELLS
KNIGHTON
REDDITCH
WILLINGBOROUGH
NEWMARKET
PAKENHAM
SAXMUNDHAM
NORTHAMPTON
MADINGLEY
LEAMINGTON SPA
BURY STEDMUNDS
STOWMARKET
LLANARTH
KINGTON
LEOMINSTER
WORCESTER
STRATFORD-ON-AVON
WEEDON
CAMBRIDGE
LAMPETER
LLANWRTYD WELLS
BUILTH WELLS
BROMYARD
BEDFORD
SANDY
HAVERHILL
IPSWICH
SHOTTISHAM
CARDIGAN
HAY-ON-WYE
HEREFORD
EVESHAM
BANBURY
WOLVERTON
ROYSTON
SAFFRON WALDEN
SUDBURY
LLANDYSSUL
LEDBURY
HANLEY SWAN
BUCKINGHAM
HITCHIN
FISHGUARD
WORMBRIDGE
CHIPPING NORTON
LEIGHTON BUZZARD
GREAT DUNMOW
COLCHESTER
LLANDOVERY
BRECON
BICESTER
CLYNDERWEN
LLANDEILO
ROSS-ON-WYE
CHELTENHAM
KNEBWORTH
BISHOP'S STORTFORD
BRAINTREE
CLACTON-ON-SEA
CARMARTHEN
ABERGAVENNY
BOURTON-ON-THE-WATER
AYLESBURY
HAVERFORDWEST
ST CLEARS
MONMOUTH
GLOUCESTER
WITNEY
MARKYATE
MALDON
AMMANFORD
MERTHYR TYDFIL
LYDNEY
OXFORD
THAME
COLNEY HEATH
CHELMSFORD
NARBERTH
HODDESDON
MILFORD HAVEN
LLANELLY
NEATH
PONTYPOOL
DURSLEY
CIRENCESTER
FARINGDON
HIGH WYCOME
WATFORD
BRENTWOOD
SWANSEA
PONTYPRIDD
SHIRENEWTON
ABINGDON
NEWPORT
RANGEWORTHY
MALMESBURY
SWINDON
NETTLEBED
STANFORD LE HOPE
SOUTHEND ON SEA
BRIDGEND
CARDIFF
MAIDENHEAD
ROMFORD
LONDON AREA
BARRY
CHIPPENHAM
GREAT SHEFFORD
READING
IVER
GRAVESEND
CHATHAM
SWANLEY
BRISTOL
MARLBOROUGH
NEWBURY
ASCOT
ESHER
THANET
BATH
SITTINGBOURNE
WESTON-SUPER-MARE
DEVIZES
MERSTHAM
SEVENOAKS
MAIDSTONE
CANTERBURY
TEMPLE CLOUD
ANDOVER
BASINGSTOKE
ALDERSHOT
GUILDFORD
DOVER
FROME
BULFORD CAMP
NEWDIGATE
EAST GRINSTEAD
ASHFORD
MINEHEAD
BRIDGWATER
SHEPTON MALLET
WARMINSTER
ALTON
FOLKSTONE
STOGUMBER
BARNSTAPLE
GLASTONBURY
SALISBURY
WINCHESTER
HASLEMERE
TUNBRIDGE WELLS
BRAYFORD
SHAFTESBURY
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HEATHFIELD
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BIDEFORD
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TORRINGTON
TIVERTON
CHARD
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SOUTHAMPTON
PORTSMOUTH
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WORTHING
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CERNE ABBAS
YMINGTON
OKEHAMPTON
AXMINSTER
BRIDPORT
BOURNEMOUTH
EXETER
BUDLEIGH SALTERTON
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CAMELFORD
MORETONHAMPSTEAD
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TAVISTOCK
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TRURO
REDRUTH
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SIGGLESTHORNE
BURNLEY
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MARKET WEIGHTON
BLACKPOOL
PRESTON
BLACKBURN
BRADFORD
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NORTH CAVE
PATRINGTON
ROCHDALE
WAKEFIELD
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HUDDERSFIELD
SCUNTHORPE
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DONCASTER
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GLOSSOP
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GAINSBOROUGH
MARKET RASEN
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LIVERPOOL
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NEW MILLS
HATHERSAGE
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KNUTSFORD
MACCLESFIELD
RETFORD
HOLYHEAD
CHESTERFIELD
SPILSBY
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COLWYN BAY
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NORTHWICH
BUXTON
LINCOLN
CONGLETON
MATLOCK
MANSFIELD
MARTIN
SKEGNESS
NEWARK
CAERNARVON
RUTHIN
CREWE
IPSTONES
RIPLEY
BETWS-Y-COED
TARPORLEY
BOSTON
WREXHAM
HOMINGTON
CORWEN
WHITCHURCH
STOKE-ON-TRENT
ASHBOURNE
NOTTINGHAM
SLEAFORD
PORTMADOC
BALA
MARKET DRAYTON
DERBY
WALTON
GRANTHAM
PWLLHELI
OSWESTRY
DAPPLE HEATH
BURTON-ON-TRENT
SPALDING
HOLBEACH
BARMOUTH
WEM
STAFFORD
LOUGHBOROUGH
MELTON MOWBRAY
COALVILLE
BOURNE
WISBECH
KING'S LYNN
DEREHAM
NORWICH
SWAFFHAM
GREAT YARMOUTH
WELSHPOOL
SHREWSBURY
WELLINGTON
BURANTWOOD
LEICESTER
OAKHAM
STAMFORD
ABERANCEI
WOLVERHAMPTON
TAMWORTH
PETERBOROUGH
DOWNHAM MARKET
BROOKE
MACHYNLLETH
CHURCH STRETTON
HINCKLEY
ATTLEBOROUGH
NEWTOWN
BRIDGNORTH
DODDINGTON
BIRMINGHAM
MERIDEN
MARKET HARBOROUGH
CLOPTON
THETFORD
LOWESTOFT
ABERTETWYTH
LLANIDLOES
CRAVEN ARMS
KETTERING
WARBOYS
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COVENTRY
RUGBY
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LLANDRINODD WELLS
KNIGHTON
REDDITCH
WILLINGBOROUGH
NEWMARKET
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SAXMUNDHAM
NORTHAMPTON
MADINGLEY
LEAMINGTON SPA
LLANARTH
KINGTON
LEOMINSTER
BROMYARD
WORCESTER
STRATFORD-ON-AVON
WEEDON
BURY STEDMUNDS
STOWMARKET
LAMPETER
LLANWRTYD WELLS
BUILTH WELLS
BEDFORD
SANDY
CAMBRIDGE
HAVERHILL
IPSWICH
CARDIGAN
HAY-ON-WYE
HEREFORD
EVESHAM
BANBURY
SAFFRON WALDEN
SHOTTISHAM
ROYSTON
SUDBURY
LLANDYSSUL
WORMBRIDGE
LEDBURY
HANLEY SWAN
BUCKINGHAM
WOLVERTON
HITCHIN
FISHGUARD
LLANDOVERY
BRECON
CHIPPING NORTON
LEIGHTON BUZZARD
GREAT DUNMOW
COLCHESTER
CLYNDERWEN
LLANDEILO
ROSS-ON-WYE
BICESTER
KNEBWORTH
BISHOP'S STORTFORD
BRAINTREE
CLACTON-ON-SEA
CARMARTHEN
CHELTENHAM
HAVERFORDWEST
ST CLEARS
ABERGAVENNY
BOURTON-ON-THE-WATER
AYLESBURY
MARKYATE
AMMANFORD
MERTHYR TYDFIL
MONMOUTH
GLOUCESTER
WITNEY
COLNEY HEATH
MALDON
NARBERTH
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CHELMSFORD
MILFORD HAVEN
LLANELLY
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PONTYPOOL
CIRENCESTER
HODDESDON
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FARINGDON
HIGH WYCOME
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BRENTWOOD
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RANGEWORTHY
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NETTLEBED
STANFORD LE HOPE
SOUTHEND ON SEA
BRIDGEND
CARDIFF
MAIDENHEAD
ROMFORD
LONDON AREA
BARRY
CHIPPENHAM
GREAT SHEFFORD
READING
IVER
0474 GRAVESEND
0322 SWANLEY
CHATHAM
0843 THANET
BRISTOL
MARLBOROUGH
NEWBURY
ASCOT
0372 ESHER
0795 SITTINGBOURNE
0227
WESTON-SUPER-MARE
BATH
0622 (0627(R))
0732 SEVENOAKS
MAIDSTONE
CANTERBURY
0737 MERSTHAM
DEVIZES
TEMPLE CLOUD
FROME
ANDOVER
BASINGSTOKE
ALDERSHOT
0483 (0486(R))
GUILDFORD
DOVER 0304
BULFORD CAMP
SHEPTON MALLET
WARMINSTER
ALTON
0342 GRINSTEAD
NEWDIGATE 0306
0992
0580
ASHFORD 0233
0303 FOLKSTONE
MINEHEAD
BRIDGWATER
STOGUMBER
WINCHESTER
HASLEMERE
0403 HORSHAM
0444 HAYWARDS HEATH
TUNBRIDGE WELLS
CRANBROOK
BARNSTAPLE
GLASTONBURY
SALISBURY
ROMSEY
BRAYFORD
SHAFTESBURY
PETERFIELD
0825 UCKFIELD
0435 HEATHFIELD
RYE 0797
DULVERTON
TAUNTON
TEMPLECOMBE
0798
PULBOROUGH
0424 HASTINGS
BIDEFORD
SOUTH MOLTON
ROCKBOURNE
0903 (0906(R)) WORTHING
0273 (0791 (R))
0323 (0321(R)) EASTBOURNE
TORRINGTON
TIVERTON
CHARD
YEOVIL
SOUTHAMPTON
FAREHAM
PORTSMOUTH
BRIGHTON
BLANDFORD
0243 CHICHESTER
BUDE
HOLSWORTHY
CREDITON
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HONITON
CERNE ABBAS
YMINGTON
OKEHAMPTON
AXMINSTER
BRIDPORT
BOURNEMOUTH
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BUDLEIGH SALTERTON
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CAMELFORD
MORETONHAMPSTEAD
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NEWTON ABBOT
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ASHBURTON
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PENZANCE
FALMOUTH